

SVCE-HOSTEL MENU (GIRLS) w.e.f 4.1.22

Day	Breakfast	Lunch	Tea/Snacks	Dinner
MONDAY	MULTIGRAIN DOSA	WHITE RICE		SEMIYA KITCHADI
	VADACURRY	BDM SAMBAR		COCONUT CHUTNEY
	COCONUT CHUTNEY	POTATO FRY	W.C.SUNDAL	SAMBAR
	MILK,COFFEE	BANANA STEM KOOTU	COFFEE	CURD RICE
	PINEAPPLE KESARI	RASAM,CORIANDER THOVAYAL		MILK,COFFEE,BOOST
	IDLY PODI,OIL	CURD,APPALAM		BANANA
TUESDAY	IDIYAPPAM	WHITE RICE		MASALA DOSAI(ROAST)
	COCONUT MILK	BHINDI KARAKUZHAMBU		Y.PUMPKIN SAMBAR
	VEG GRAVY	KEERAI KOOTU	SAMOSA(2 NOS)	PUDINA CHUTNEY
	RAGI KOOZH,ONION,CURD CHILLY	CARROT BEANS PORIYAL	TEA	CURD RICE
	MILK,COFFEE	PARUPPU PAYASAM		BANANA
		RASAM,CURD,APPALAM,PICKLE		MILK,COFFEE
WEDNESDAY	IDLY	WHITE RICE		CHAPATHI
	BREAD HALWA	DHAL,GHEE	RAGI PUTTU	VEG PEAS GRAVY/TOMATO THOKKU
	SAMBAR	RASAM,APPALAM	COFFEE	WHITE RICE
	TOMATO CHUTNEY	TAMARIND/PUDINA RICE		RASAM,APPALAM
	IDLY PODI,GINGELY OIL	THOVAYAL		POTATO PORIYAL,BANANA
	MILK,COFFEE	PAVAKKAI65/RAW BANANA TAWA FRY		MILK,COFFEE,HORLICKS
THURSDAY	RICE UPPUMA	WHITE RICE		POORI,CHANNA MASALA
	MEDU VADAI	W.PUMPKIN MORE KUZHAMBU	NOODLES	COCONUT CHUTNEY
	COCONUT CHUTNEY	YAM PORIYAL,RASAM JAVARASI VATHAL	WATERMELON JUICE	CURD RICE
	RAGI KOOZH,ONION,CURD,CHILLY	VENDAIKAI PORIYAL		MILK,COFFEE,BADAM
	MILK,COFFEE	BUTTER MILK,APPALAM,PICKLE		VEG SOUP
FRIDAY	PONGAL	WHITE RICE		VEG FRIED RICE/MUSHROOM BRIYANI
	MEDU VADAI	MANGO SAMBAR,AVAL PAYASAM	SWEET CORN	GOBI MANCHURIAN GRAVY
	COCONUT CHUTNEY	KOVAKKAI PORIYAL	TEA	VEG.MIX RAITHA
	SAMBAR	CHOW CHOW KOOTU		WHITE RICE
	BREAD,BUTTER,JAM	RASAM,PEERKKANGAI THOVAYAL		RASAM APPALAM
	MILK,COFFEE	BUTTER MILM,APPALAM		MILK,FRUIT SALAD
SATURDAY	POORI	WHITE RICE		
	POTATO MASALA	MOCHAI/THATTAI PAYIRU KUZHAMBU	MASALA VADAI	CHILLY IDLY,TOMATO SAUCE
	COCONUT CHUTNEY	BEETROOT PORIYAL	COFFEE	RASAM BATH,APPALAM,PICKLE
	CORN FLAKES/CHOCOS	KEERAI KOOTU		BANANA,MILK,COFFEE
	MILK,COFFEE	RASAM,KOLLU THOVAYAL		
		CURD,APPALAM		
SUNDAY	DOSA(ROAST) SAMBAR	VEG BRIYANI		CHAPATHI
	ELLU CHUTNE	BRINJAL GRAVY	PACKET ITEM	PANEER BUTTER MASALA
	MILK,COFFEE	MIX RAITHA,GULAB JAMUN	TEA	WHITE RICE,RASAM,POTATO PORIYAL
		GOBI 65,CURD RICE,FRYUMS		MILK,COFFEE,BANANA