

SVCE - GIRLS HOSTEL MENU 2023 - 24

Day	Breakfast	Lunch	Tea/Snacks	Dinner
MONDAY	RAVA KITCHADI	WHITE RICE	MACROONI	KAL DOSAI, PODI OIL
	COCONUT CHUTNEY	SAMBAR, GHEE	TEA/BADHAM KHEER	EMPTY SALNA, ONION CHUTNEY
	SAMBAR, MEDHU VADAI	PARUPPU PAYASAM		WHITE RICE ,RASAM,APPALAM
	RAGI KOOZH,ONION ,CURD CHILLY	CARROT BEANS PORIYAL/CABBAGE KOOTTU		MILK,CPFFEE, BOOST
	MILK , COFFEE	RASAM ,MANGO PICKLE		BANANA
		CURD,APPALAM,		
TUESDAY	PONGAL , VADAI	BISBELABATH , LEMON RICE/MINT RICE		CHAPPATHI , PANNER/MUSHROOM GRAVY
	SAMBAR, COCONUT CHUTNEY	COCONUT RICE , BUTER MILK	ONION SAMOSA	BANANA
	BREAD BUTTER JAM	KOVAKKAI FRY,THOVAIYAL	CARDAMOM TEA	CURD RICE
	MILK COFFEE	SAKKARAI PONGAL		MILK COFFEE,BOOST
		POTATO CHIPS		
WEDNESDAY	IDLY , VADAI	VEG PULAV,WHITE RICE ,RASAM		DOSAI, MUSHROOM GRAVY
	SAMBAR, PEANUT CHUTNEY	RAITHA,WHITE CHANNA GRAVY	SWEET CORN	GOPI 65,
	MILK COFFEE	ONIONRINGS,THOVAIYAL,PICKLE	COFFEE	RASAM BATH
		AVUL PAYASAM		MILK COFFEE, COMPLAN
				BANANA
THURSDAY	IDIYAPPAM	PULIYODHARAI RICE,WHITE RICE		POORI,WHITE CHANNA MASALA
	COCONUT MILK	MORE KUZHAMBURASAM,BUTTER MILK	NAVADHANIYA SUNDAL	CURD RICE,PICKLE,COCONUT CHUTTNY
	VEG GREAVY	POTATO/YAM FRY ,KEERAI KOOTTU	GINGER TEA	MILK COFFEE, BADHAM MIX
	RAGI KOOZH,ONION ,CURD CHILLY	SAGO VATHAL, PICKLE		
	MILK,COFFEE ,BOOST			
FRIDAY	DOSAI ,KADALA CURRY	WHITE RICE		GOBI FRIED RICE
	COCONUT CHUTNEY	SAMBAR (GHEE), RASAM, APPALAM	VEG PUFFS	RASAM RICE,APPALAM
	RAGI KOOZH,ONION ,CURD CHILLY	BEETROOT PORIYAL, KEERAI KOOTTU	ROSE MILK WITH COOLING	MILK COFFEE,HORLICKS
	MILK COFFEE	PICKLE , BUTTER MILK	/LEMON JUICE	PICKLE
	PINE APPLLE KESARI			FRUIT SALAD
SATURDAY	POORI, CHANNA MASALA	WHITE RICE		IDLY , VADAI
	CURD RICE,PICKLE,COCONUT CHUTTN	KARA KUZHAMBURASAM	CHANNA MASALA	SAMBAR ,TOMATO CHUTNEY
	CORN FLAKES / CHOCOS	LADIES FINGER PORIYAL,APPALAM	TEA	MILK COFFEE
	MILK COFFEE,	VAZHATHANDU KOOTU		ICE CREAM
		BUTTER MILK,PICKLE		
	SEMIYA PAYASAM			
SUNDAY	GHEE ROAST	MUSHROOM/VEG/MEAL MEKAR BRIYANI	BISCUITS/SWEET BUN	CHAPPATHI
	SAMBAR, CURD RICE	BRINJAL GRAVY	MILK , COFFEE	VEG KADAI GRAVY
	PEANUT CHATNEY,PICKLE	MIX RAITHA		RASAM RICE , APPALAM
	MILK,COFFEE ,BOURNVITA	GULAB JAMUN		MILK COFFEE, HORLICKS
		GOBI65/PORIYAL KARI		
	CURD RICE, BUTTER MILK			